Region 3 Behavioral Health Services
proudly presents

Cultural Competency in Behavioral Health

Presented by Raponzil Drake, DMin, Administrator
Office of Health Disparities & Health Equity

- **This is a cultural competency training curriculum sponsored by the Office of Health Disparities & Health Equity.**
- **The training will provide a learning environment in which behavioral health professionals are able to explore culture from a variety of perspectives.**
- **Our population is changing. As behavioral health providers we must respond to increasing diversity in Nebraska.**
- **The training will increase knowledge on the importance of cultural competency.**
- **The training addresses the question of, "what impact does cultural competency interventions play in the delivery of behavioral health services?"**

Date:	September 21 and 22, 2010
Location:	University of Nebraska at Kearney Nebraska Student Union 1013 West 27th St., Ponderosa A & B Kearney, Nebraska
Time:	8:00 am to 4:30 pm

Sponsored by:

Funded by a grant from the Substance Abuse and Mental Health Service Administration. AA/ADA/EOE The Nebraska Department of Health and Human Services is committed to affirmative action/equal employment opportunities and does not discriminate in delivering benefits or services.

Region 3 Behavioral Health Services

University of Nebraska Public Policy Center

DHHS Nebraska Department of Health and Human Services

Raponzil L. Drake, DMin

Raponzil Drake is the Administrator of the Nebraska Department of Health and Human Services Office of Minority Health, where she is responsible for managing the central and satellite offices; coordinating efforts to address health disparities in racial ethnic minorities, newly arrived immigrants, refugees, and Native American people. She also monitors federal programs and private foundations for funding opportunities; and evaluates state health programs to develop recommendations, policies, and strategies for improving the health outcomes for these populations. Dr. Drake, a member of the United Methodist clergy for 30 years, is also the Pastor of the Fairmont Community United Methodist Church, in Fairmont, Nebraska where she is responsible for total oversight of the care and nurture, as well as administrative management of a small membership congregation in rural, small town Nebraska. Dr. Drake earned a BS in Accounting at Christian Brothers University, and a Master of Divinity and Doctorate of Ministry at Memphis Theological Seminary. During the summer of 2007, Dr. Drake was privileged to be selected for participation in Harvard University's John F. Kennedy School of Government. She is now an alumnus of the Kennedy School's Senior Executives in State and Local Government program. Dr. Drake has authored many published essays, articles, and poems. Her most recent publication is, "Health Disparities, The Nebraska Perspective," in ***Cultural Proficiency in Addressing Health Disparities***, edited by Kosoko-Lasaki, et.al., Jones and Bartlett Publishers, 2009.

Agenda

Day 1—September 21, 2010 (6.5 hrs)

8:00-8:30	Registration
8:30-8:45	Pre-test
8:45-9:45	Chapter 1: Introduction
9:45-10:00	Break
10:00-12:30	Chapter 2: Timeline
12:30-1:45	Lunch
1:45-2:45	Chapter 3: Population
2:45-3:00	Break
3:00-4:00	Chapter 4: Stereotypes
4:00-4:30	Wrap day one—review

Day 2—September 22, 2010 (7.0 hrs)

8:00-8:30	Registration
8:30-10:00	Chapter 5: Paradigms
10:00-10:15	Break
10:15-11:45	Chapter 6: Fundamentals
11:45-1:00	Lunch
1:00-2:30	Chapter 7: Components
2:30-2:45	Break
2:45-4:15	Chapter 7 (continued)
4:15-5:00	Wrap day two—
	Post-test & Evaluation

Program Content & Goals

The steadily increasing diversity of Nebraska affects behavioral health care providers and institutions, from small rural towns to large urban centers impacting daily clinical encounters. Behavioral health practitioners must manage complex differences in communication styles, attitudes, expectations, and world views. There are many different approaches to bridge barriers to communication and understanding that stem from racial, ethnic, cultural and linguistic differences. “Cultural competence" brings an understanding of interpersonal and organizational interventions and strategies that seek to facilitate achievement of goals when those differences come into play. This curriculum addresses the question of what impact cultural competence interventions have on the delivery of behavioral health services, considers the opportunities and barriers that affect client–practitioner interactions.

Goal 1: Provide a learning environment in which behavioral health professionals are able to explore culture from a variety of perspectives.

Goal 2: Increase knowledge of professionals regarding the importance of cultural competency skills in the practice of behavioral health services.

General Information

- Seating is limited so please register early. Your registration form must accompany your registration fee and be mailed to Region 3 Behavioral Health Services in advance. Registration deadline is September 10, 2010.
- To obtain the most from this training it is suggested that individuals attend both days.
- There are a limited number of parking permits for the training. Please carpool to the training. Parking permits will be mailed to registered individuals/agencies on a first come basis.
- No refunds will be made after September 10. Substitutions are acceptable.
- 6.5 hours of credit for Day 1 and 7.0 hours of credit for Day 2 will be awarded to meet requirements for Continuing Education Units for the following: FADC, LMHP, LMFT, Social Work, and Professional Counseling. The training is open to all professionals.
- If you have questions regarding this workshop, please contact Ann Tvrdik at:
  atvrdik@region3.net
  Phone (308)237-5113 ext 255

Cultural Competency in Behavioral Health
September 21 and 22, 2010
University of Nebraska at Kearney
Nebraska Student Union
1013 West 27th St., Ponderosa A & B
Kearney, Nebraska

Registration Form
Registration Deadline: September 10, 2010

Name: _____

Organization: _____

Address: _____

City/State/Zip: _____

Email: _____

Phone: _____

Fees: (seating is limited—register early)

☐ $40.00—Both days—Sept. 21 & 22, 2010 (13.5 hrs)

- $25.00—Day 1—Sept. 21, 2010 (6.5 hrs)
- ☐ $25.00—Day 2—Sept. 22, 2010 (7.0 hrs)

In order to better accommodate you, please list any accessibility needs:

_____

_____

Please make checks payable to: Region 3 Behavioral Health Services

Mail payment and this registration form to:

Region 3 Behavioral Health Services
Attn: Ann Tvrdik
4009 6th Avenue, Suite #65
P.O. Box 2555
Kearney, NE 68848